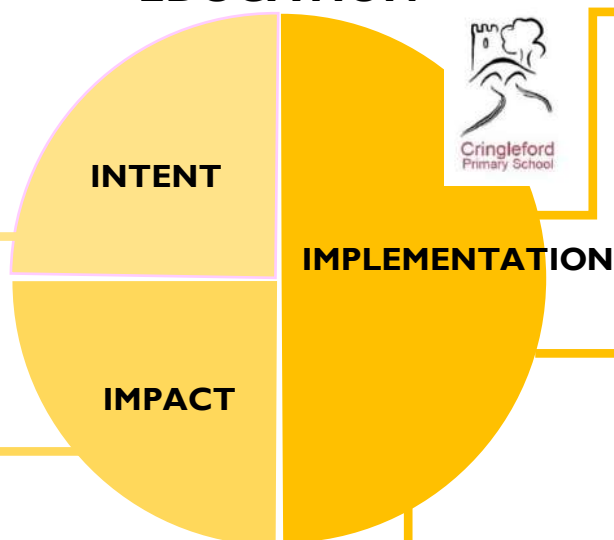


Our Curriculum:

- aims to give all children access to high quality PE provision throughout the school to allow them to develop key skills across a variety of sports to allow them to become confident and competent sports people. We inspire our children to lead active and healthy lives; to develop a love of sport and to recognise how being physically fit can support mental health.
- is underpinned by our whole-school vision:
Community - taking part in physical activities in collaboration
Courage - Trying new sports, performing and representing the school
Compassion - Helping the children reflect upon performance and deal with both defeat and victory gracefully
- provides many opportunities within PE to develop our values of the Joy of Not Knowing (JONK) of collaboration, creativity, curiosity, reflectiveness, resourcefulness and resilience.

Spiritual Development - physical education fosters spirituality in children by promoting awareness of the mind-body connection and encouraging mindfulness. It teaches teamwork and respect, fostering a sense of community and empathy. Additionally, the discipline and resilience developed through physical activity contribute to personal growth and well-being, laying a solid foundation for spiritual exploration.

PHYSICAL EDUCATION



- We follow the **Get Set 4 PE** programme to ensure a continued progression of skills and knowledge throughout the school.
- Key skills are sequenced across a variety of sports and planned to build upon previous learning.
- Through playing competitive games the children develop tactical awareness, self-reflection, determination and the importance of being gracious.
- Children learn the importance of working within teams developing their communication and collaborative skills.
- Children in Reception have access to the outdoor learning environment and Forest School sessions in which they are taught gross motor skills and the prerequisites of physical development. They also have one PE lesson a week which follows the **Get Set 4 PE** scheme of learning.
- Year 1 children have one Forest School session and one PE lesson a week.
- In Years 2 to 6, children have two lessons per week (two hours) with some teaching from a specialist PE coach. Teachers are supported in their teaching of PE by the use of **Get Set 4 PE** and also have the opportunity to develop their practice through coaching by a specialist PE coach.
- Children in all years also have opportunities to take part in various sporting events outside of school.

- Formative assessments are used by teachers to inform future planning and support children within the lessons.
- At the end of lessons, children are encouraged to be reflective about their performance and to set themselves new personal goals.
- Children leave our school with confidence and competence within a range of sports.
- The PE subject lead monitors the impact of our curriculum through observing PE lessons, discussion with class teachers and by talking to children about their learning.
- Children leave our school with a clear understanding of the positive opportunities and benefits that being active can bring to their lives both **physically** and **mentally**.

I feel free!

It keeps you healthy and fit.

Inclusive for all

We provide opportunities for all children to be able to take part in PE

- Group work and collaboration
- Create a 'safe' and inclusive environment
- Allow children to play at their level
- Allow children to show their expertise if they play a sport outside school
- Different events which cater for the differing needs of the children are:

Competitive – Cross country league, Year 5 and 6 boys football, girls football, athletics competitions

Developmental – Ten pin bowling, cricket skills, Netball, teamwork challenge, dance shows

Engage – girls football festival, multi skills festival, Change 4 Life, tennis festival

Accessible for all

Strategies we use to support SEND and EAL children so they are able to take part in PE

- Model activities so they are clear
- Work with supportive partners
- Use different equipment if necessary

PE AT CRINGLEFORD CE VA PRIMARY SCHOOL

	Autumn		Spring		Summer	
EYFS		Introduction to PE	Dance	Gym	Games	Games
Year 1	Fundamentals Ball Skills	Sending receiving Invasion	Gymnastics Dance	Invasion Ball Skills 2	Sports Day Athletics	Net Wall Striking Fielding
Year 2	Fundamentals Ball Skills	Sending receiving Invasion	Gymnastics Dance	Invasion Tennis	Sports Day Athletics	Net Wall Striking Fielding
Year 3	Ball Skills Tag Rugby	Cross country Basketball	Fitness (Yoga) Gymnastics	Netball Dance	Tennis Athletics	Cricket OAA
Year 4	Tag Rugby Swimming	Basketball Gymnastics	Cross country Swimming	Dance Netball	Athletics Swimming	Rounders Tennis
Year 5	Hockey Tag Rugby	Cross country Basketball	Fitness (Yoga) Gymnastics	Netball Dance	Tennis Athletics	Rounders Quidditch
Year 6	Cross country Tag Rugby	Handball Basketball	Fitness (Yoga) Gymnastics	Netball Dance	Cricket Athletics	Rounders Tennis